

## PSYCHOLOGY

- Building an awareness about the concept of positive sciences, recognizing scientific thought, and applying it to various areas of their lives,
- Knowing about main characteristics of scientific research, being able to distinguish scientific research from non-scientific research
- Developing a sense of curiosity, being a researcher, aware of the importance of problem solving
- Distinguishing the main processes of psychology
- Building awareness about learning, memory and reflection which are the main processes of education, and applying these to their own lives
- Understanding the meaning and importance of socio-cultural environment
- Realizing the importance of considering social rules and values in meeting needs and desires
- Understanding that the individual differences are natural
- Understanding the meaning of psychological health
- Understanding the importance of protecting psychological health.

1. INTRODUCTION TO THE SCIENCE OF PSYCHOLOGY
2. MAIN PROCESSES OF PSYCHOLOGY
3. LEARNING, MEMORY, REFLECTION
4. FUNDAMENTALS OF PSYCHOLOGICAL HEALTH

The assessment for this two-period course (a week) is 2 written exam grades and 2 performance grades.